



WOMEN'S TRACK AND FIELD

Indoor Records

(Updated Aug. 1, 2024)

NCAA Event	Mark	Date Set	Record Holder(s)
60M	7.65	1998	Shireese Statin
200M	24.81	2020	Kyri Jackson
400M	55.34	2012	Sequoyia Calhoun
800M	2:12.30	2002	Ruthie Cook
3,000M	9:47.13	2003	Kim Hemstreet
5,000M	16:47.58	2024	Allison Sherman
Mile	4:51.31	2006	Andrea Karl
60MH	8.61	2020	Kyri Jackson
High Jump	5' 10.5"	1995	Kim Jess
Pole Vault	11' 6.5"	2019	Alexandra Sinani
Long Jump	19-3.25	2023	Micah Carey
Triple Jump	38' 6.25"	2014	Whitney Rogers
Shot Put	45' 3"	2005	Ashley Bauman
Weight Throw	59' 5"	2005	Andrea Karpala
Pentathlon	3,430	2015	Aisha Potts-Tyre
4x400	3:50.73	2014	Brandee Hart, Alani Letang, Shannon Marchant, Jasmine Greene
DMR	11:51.23	2014	Sara Taylor, Alani Letang, Shannon Marchant, Louisa Coppola

Non-NCAA	Mark	Date	Record Holder(s)
55M	7.10	2000	Shireese Statin
300M	40.94	2011	Sequoyia Calhoun
300Y	37.4h	1999	Shireese Statin
500M	1:14.51	2011	Sequoyia Calhoun
600M	1:34.64	2014	Shannon Marchant
600Y	1:29.9h	1993	Wendy Petz
1,000Y	2:46.2h	1999	Andrea Hutchins
1,000M	2:52.89	2006	Andrea Karl
1,500M	4:33.88	2003	Kim Hemstreet
55MH	8.25	1996	Rita Harden
4x200	1:45.39	2012	Brandee Hart, Nikia Duncan, Jasmine Greene, Sequoyia Calhoun
4x800	9:32.39	1988	B. Fitzpatrick, N. Mandziara, L. Shaheen, J. Wyckoff